

BREAKFAST

PORRIDGE, MUESLI



BEANS ON TOAST, TOAST, HOMEMADE SCONES

YOGURTS

FRESH FRUIT

SCRAMBLED EGG ON TOAST



LUNCH

PASTA SALAD, QUINOA SALAD AND ROASTED VEG



BROCCOLI TOMATO AND FETA SALAD

GREEK SALAD

SANDWICHES AND WRAPS MADE TO ORDER

(Tomato, Mozzarella, Chicken, Tuna, Egg & Cheese)



MISCELLANEOUS

POPCORN, CHEESE POPCORN, RICE CAKES, SMOOTHIES, WATER, VIT HIT,
SELECTION OF HEALTHY BARS

HOT FOOD FRIDAY

LASAGNE, COTTAGE PIE, BAKED POTATOES, PASTA & TOMATO SAUCE